



**Right Step** is an adult day care center that offers an alternative to premature institutionalized care, we offer nursing care, dietary consultation, health care assessments, exercise program, health teaching, transportation to and from the center and to local doctors offices, socialization, and respite care for patients with Alzheimer's. We have daily activities for clients that include the sewing club, luncheon club, garden club, music appreciation, bible study, arts and crafts, and field trips. We also take patients to pay their bills and for hair appointments. We offer classes on high blood pressure, diabetes, heart disease, and personal hygiene.

We have a LVN, Dietician, Program Director, CNA, and an RN Consultant on staff. We also bring in people from the community who wish to share skills or their time. Some examples are local ministers who come in and do a service, dog shows, groups who come and sing, and we have a group of ladies who come in monthly to make the clients homemade donuts as a treat. We are looking for volunteers in any capacity. If you do arts and crafts, gardening, dancing, singing, playing an instrument or anything else you can think of that you would like to share please contact us. If you are looking for a fun place to volunteer, **Right Step Adult Day Care** is looking for you!!

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